

# Local Community Groups

SICAP can help your local community group with:



One-to-one and group meetings



Networking opportunities



Helping to prepare community action plans



Training in key areas e.g. governance



Identifying skills needs and training for board/committee members



Options for setting up a social enterprise

# What SICAP Offers



Job & Upskilling Supports



Access to Education & Training



Personal Development Programmes



Help to start a business or Social Enterprise



Specialised supports for local community groups

## Local Contact details

Your SICAP Contact is:



**Roscommon LEADER Partnership**



The Cube FlexiSpace,  
Lanesborough Road,  
Co. Roscommon,  
F42 DX61



090 663 0252



reception@ridc.ie



<https://www.rosleaderpartnership.ie/>

## Social Inclusion & Community Activation Programme Information Brochure



Social Inclusion & Community Activation Programme



## Job Supports

**SICAP can help you to improve your quality of life through job supports and training:**

- One-to-one and supports groups
- Guidance on local employment options and plan your next step
- Access to job specific training courses such as manual handling or care skills
- Improving your CV and interview skills
- Developing personal skills such as building confidence and self esteem.

## Education & training

**SICAP can help you explore educational options that fit your needs:**

- Pathways to education - accredited and unaccredited
- Help with IT skills and digital skills
- English & language supports
- Help with reading, writing & numeracy
- A range of personal development opportunities

## Start your own business/ Social Enterprise

**SICAP can help you to set up your own business or social enterprise through:**

- Supports to development a business idea and business plan
- business advice and guidance
- networking and sharing of good practice
- Help to apply for the Back to Work Enterprise Allowance

**For Social Enterprises:**

- Help to develop a social inclusion focus
- Create volunteering opportunities