

Roscommon Leader Partnership in association with Dysart Rural Men's Group have organised a heritage cycle for the 17<sup>th</sup> August (weather permitting) as part of national heritage week which starts on the same day. This cycle will start from Dysart community centre at 2pm and is approximately 12km long. The route chosen will bring cyclists along some quiet country roads where local history, archaeology and folklore will be discussed. Discover where stone axes, used over 4000 years ago were found and find out more about the role of the blind piper in this part of south Roscommon and also what 'gun money' was. Nestled in the surrounding countryside are numerous examples of ringforts, the home of farmers for many centuries which we will see and talk about on the day. There will also be much more to be seen, including a newly reinstated mounting stone.

This cycle is not suitable for children under 13 years of age and adult supervision is necessary for children taking part from this age and up. Helmets are compulsory as are hi-viz vests with the latter being provided. A map showing the cycle route will also be available on the day. People taking part in this cycle must ensure that bicycles are in good mechanical order. The cycle and talks will take approximately three hours at which time we should arrive back at the community centre where tea/coffee and light refreshments will be available. There is no charge for this heritage cycle but donations would be appreciated and will go towards defraying the costs of running the Dysart rural men's group later this year. For more information please go to [rosleaderpartnership.ie](http://rosleaderpartnership.ie) or phone 0860415785.